

4th August 2013!

Budget Hobart Fun Run: 5km and 2.5km events

Get training: it's 4 weeks away now!!

FUN RUN UPDATES

Early bird entries close July 6th!

Register now! Entrants have been capped at 1000... please don't leave it to the last minute—you WILL miss out!

Entrants MUST either register online or post a completed entry form (both options close the week before the race). Entries can also be paid for at the Running Edge up to the day before the race.

Online and postal entries close 27th July 2013.

Team sizes

Teams must have a minimum of 3 runners. There is no maximum size, but only the first 3 team members across the line count towards team results.

Race photos

Make sure you brush your hair and put on your finest lycra —there will be RACE PHOTOS this year!!—a big thanks to Anita Welsh in advance:
www.anitawelsh.photomerchant.net

Water!

We'll be using the TasWater water trailer this year (www.taswater.com.au) and Budget Rent-A-Car have come through with the goods (AGAIN!!) and are offering free water bottles to all participants! What's that—don't need another water bottle—no worries, just BYO!

Timing system

This year we're trialling a new system similar to the Ross Marathons (no—not timing chips...*baby steps!*). We've got our fingers crossed it'll run smoothly... and hoping it will save Pete and his wife entering times in front of the telly all Sunday night (as per past couple decades...).

Coffee!

We know some of the best cafés in Hobart are just over in Salamanca, but we know you'll want to stick around for the presentations, spot prizes, and waiting for your mates to finish.... [you know who you are!] - so we'll have a coffee van on site! Like right there! *Ohhh yeah!* Running and coffee... it doesn't get much better than that!



Our Sponsors... thankyou!

Without the generous support of our sponsors, none of this would be possible. Especially our principal sponsor, Budget Car & Truck Rental Tasmania. If you knew how much time, effort and financial support these guys have put into this event of the years you wouldn't rent a car from anyone else.

Upcoming Tassie fun runs:

July 21: Glenorchy Fun
Runs

August 4: Budget Hobart
Fun Run!

Sept 1: Ross Marathons

Oct 21: Burnie 10

RUNNER PROFILE: John KEENAN

Name sound familiar? Ok, so we decided to grab a word with John Keenan—yep, the son of our very own Budget Fun Run race director, Pete. So what do we know about John? He plays a mean saxophone and is currently studying to be a music teacher. Has JUST joined the army reserves to play in the army band and has started to do a bit of running as part of his preparation for army basic training that's in the upcoming months. If you see John out on the course—make sure you ask him to drop and give you 20!

Occupation: Student

1- How long have you been running?

On and off again for most of my life

2- Favourite Tassie fun run (after the Budget 5k of course...)

City to Casino

3- How many times have you done the Budget Fun Run? (and best time)

At least 5 times I reckon

4- Best running moment ever

Running the whole 7km in this year's City to Casino without stopping

5- Worst running moment ever

Don't have one... yet

6. Is a fun run a good place to pick up? (give examples)

Only if you are a good runner

7. Favourite or funniest running motivational sign/quote

Run like you stole something!

8. Next running goal (time or specific race)

Running the 11km course in next year's City to Casino



Thanks heaps John—good luck in the army and out on the Budget run!

TRAINING!

If you didn't catch the beginners training program we recently mailed—compiled by Grant Page especially for the Budget Fun Run—please download it via the website or Facebook!



Our mailing address is:

Budget Hobart Fun Run, 96 Harrington St, Hobart, TAS 7000 (editor@budgetfunrun.org.au)

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